

Daily Schedule

A great way to prepare for your cleanse is to write down or print your daily schedule so you're able to stick to your plan without any confusion. Here's our proposed 3-day cleanse schedule:

Day 1: 8:00 am (or right after you wake up):

Warm lemon tea

9:00 am: Beyond Me Smoothie or Blueberry

Weight loss Smoothie

11:00 am: Booster

1:00 pm (or around lunchtime) Blood

Pressure Rx

3:00 pm: Warm lemon tea (herbal tea)

5:00-7 pm Detox Cleanse

9:00 pm (or before bed): Warm Tea (repeat for 3 days)

Day 2: Warm lemon tea

9:00 am Booster

11:00-12:00 noon (lunch) Burner

2:00-3:00 PM Blood Pressure Rx

6:00-7:00 PM (diner) Detox

Day 3: Warm lemon tea

9:00 am Booster

11:00-12:00 noon Detox

2:00-5:00 PM Blood Pressure Rx (2 bottles to consume between (2:00 & 5:00PM)

7:00 PM diner-Burner

No Caffeine (coffee) allowed, can have warm herbal tea and water throughout the day.

If this schedule doesn't work for you, no worries! You can always alter it or make your own that fits within your daily routine.



Juicing is an amazing way to detox and boost the vital nutrients in your body, which is why we are very passionate about helping and inspiring others who are on their juicing journey to improve their health. Our cold pressed juices and plant based smoothies are carefully crafted with the freshest and high quality ingredients consisting of fruits, vegetables and spices, packed with antioxidants, vitamins phytonutrients which can help to prevent disease and keep your body working properly.

"The best investment you can make is in your own self"

MajestriRaww Juice, LLC
EST.2017



Connect with us!

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